INTRODUCTION to TRACY

Ever since I committed my life to Christ as a preschooler, I have found great joy whenever I interact with God's people. My faith is what directed me to become an elementary school teacher, then later a missionary in western Europe, establishing international churches and mentoring young seminary students, and now a certified professional life coach.

God's faithfulness is how I have navigated 30+ joyful years of marriage, living in four different countries, battling breast cancer 3 times, leading a vibrant church alongside my husband, and raising 3 strong sons who each love God.

LIFE VERSES

There are too many significant Bible verses for me to cling to only one. But, these are the two that have been most meaningful to me in this current decade of life:

Galations 5:22-23 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Psalm 27:5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent and set me high upon a rock.

(I have a whole set of verses that have carried through various stages of breast cancer treatment. I'm more than happy to share them with you. Just mention it when we have our first session.)

FAVORITE THINGS

My family & friends
Hiking and spending time in beautiful, natural settings (Beach Days!)
Cooking savory dishes, especially ones that I know people want to eat
Meal planning and prep
Travel, diversity & learning about new cultures and languages
Audiobooks

PROFESSIONAL SUMMARY

Elementary School Teacher
Children's Church & Christian Education Director
Assemblies of God World Missions team member
Church Planter
Church Staff Consultant & Team Leader
Women's Ministries Director and Speaker
Discipleship Pastor